

**June 2014**

**Deadline Approaching for Certificants  
Whose Credentials Have Expired:  
Extended to August 31, 2014**

**Reminder:**

**The NAECB Board recently voted to extend the deadline (grace period) to August 31, 2014, as the final deadline for recertifying by Continuing Education credits if your AE-C credential has expired.**

Those attending the Association of Asthma Educators (AAE) Conference in San Antonio in early August will be able to apply the CEUs from that meeting towards recertification, if they are asthma-specific and are topics found either in the NAECB's Detailed Content Outline (DCO) or the NAEPP Expert Panel Report-3 (EPR-3).

A certificant whose credentials have expired (or are about to expire) must submit all required forms, including documentation (e.g., copies of certificates) of 35 continuing education units pertaining to asthma, before the deadline of August 31, 2014, in order to be considered for recertification by continuing education units.

**After August 31, 2014, any certificant whose credentials are currently expired will need to recertify by examination only.**

### **Arizona Asthma Coalition Clinical Conference**

**Saturday, September 20, 2014**

The Arizona Asthma Coalition will hold its 8th annual conference on Saturday, September 20, 2014, from 8 a.m to 4 p.m. at the University of Phoenix, Tempe Campus. The theme of the conference is "Asthma and Allergy: Wheezing and Sneezing in the Desert." The conference will explore the relationship of allergy and asthma.

**June**

**Jack Barnette, AE-C**

The time to re-certify using continuing education credits will soon be coming to a close (if your credential is currently expired). Don't wait until the last minute. RE-CERTIFY NOW! This pending deadline is for those asthma educators who have let their certification lapse. Your certification is important to your patients, your

professional standing and to our organization. Take advantage of this important opportunity to assure that you are providing the highest standard of care for your patients and community.

The poet said, "What is so rare as a day in June, when, if ever, come perfect days." Perfect June is now with us, and you have to admit that it feels pretty good. It is time for picnics, and baseball, and planting gardens. All of these activities are great family activities and everyone should have the chance to fully participate. This is especially important for kids who typically spend 6 hours a day in front of a screen (be it television, computer, or tablet), but only minutes a day outdoors. Children need to participate in sports and other outdoor activities and there is no reason why they can't as long as their asthma is under control. Asthma can't be cured, but it can be controlled.

June is the sixth month of the year and the month with the longest daylight hours of the year - at least in the Northern Hemisphere. The year is half over so get out there and make something happen. When you're not busy improving the lives of people with asthma, take a little time to do something fun, and don't forget the kids.

### **E-cigarettes expose people to more than harmless vapor**

In a major scientific review of research on e-cigarettes, University of California San Francisco (UCSF) scientists found that industry

claims about the devices are unsupported by the evidence to date, including claims that e-cigarettes help smokers quit. But in their analysis of the marketing, health and behavioral effects of the products, which are unregulated, the UCSF scientists found that e-cigarette use is associated with significantly lower odds of quitting cigarettes. They also found that while the data are still limited, e-cigarette emissions "are not merely 'harmless water vapor,' as is frequently claimed, and can be a source of indoor air pollution."

### **Lung microbes protect against asthma (?)**

Whether or not people develop asthma may be determined in the first few weeks after birth according to a study of mice funded by the Swiss National Science Foundation (SNSF). The study suggests that microbes in the lungs stimulate the newborn's immune system. "There would appear to be a developmental window early in life that determines whether or not an individual will develop asthma later," Benjamin Marsland at the University of Lausanne says. Until now, scientists and doctors have focused on asthma essentially from the point of view of the course of the disease and possible direct triggers. "We should probably focus on a much earlier stage, that of newborns."

### **Windshield washer fluid a source of Legionnaires: Found in most school buses**

A form of bacteria responsible for respiratory illness, including the deadly pneumonia known as Legionnaire's disease, may be able to grow in windshield washer fluid and was isolated from nearly 75% of school buses tested in one district in Arizona, according to research presented today at the annual meeting of the American

Society for Microbiology.

**The AsthmaCommunityNetwork Has a New Tool to Help Showcase Your Program's Health and Financial Impact**

This tool helps you communicate the unique value and benefits of your program to funders. Whether you are starting a new pilot project or you are running a well-established program, value propositions are effective tools for securing future funding. For more information go to this web-site:

<http://www.asthmacommunitynetwork.org/>

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Promoting Excellence in Asthma Education

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