



NATIONAL
ASTHMA EDUCATOR
CERTIFICATION BOARD

AE-C

October 2016

Certified Asthma Educators in Action



Tami Kochan, RN, MSN, CPNP, AE-C

Hello, my name is Tami Kochan and I am a Pediatric Nurse Practitioner who works in primary care but specializes in Asthma. I got interested in Asthma when I was getting my Masters as a PNP and worked part time as an Asthma Nurse Case Manager. After graduating I worked in Primary Care and was able to do a lot of asthma education for the families, patients and the staff. This interested me in getting my Asthma Educator Certification. Since getting my certification I have been invited to lecture on Asthma (Pediatric) to the FNP and PNP programs at our local University. I have had parent classes thru my clinic on asthma and taught the children in an after school class about their asthma. I have been very active in the NAPNAP Asthma Allergy Special Interest Group currently

serving as the Chair. I have written several articles for Ready Set Grow on Asthma and Allergies. I recently was elected to the NAECEB Board and am excited to serve in an area that I am so passionate about.

Asthma Camps

Free Weekend Respiratory camps are available thru Camp Soaring Eagle in Cornville, Arizona, for children ages 6-15 years with asthma.

Apply at: www.campsoaringeagle.org or contact Anna Viviano, Camper Recruiter at 480-253-9924.

Here is a **great resource** to share with parents of a child or teenager with asthma, interested in **finding an asthma camp** in their community:

The Consortium on Children's Asthma Camps - <http://asthmacamps.org/>

Job Posting

Job Description

Cornerstone Pediatrics & Adolescent Medicine

Job Title: Asthma Educator

Reports to: Practice Director

Summary: Responsible for meeting with patients/families to assess patient needs and to create a plan of care in regards to their individual plan in accordance with the physician's directives.

Essential Duties and Responsibilities:

- Assist in scheduling asthma education appointment
- Meets with patients and families to identify respiratory problems and address concerns of

asthma; explain and demonstrate through visual aids the path of physiology of asthma.

- Performs pulmonary function tests
- Coordinates asthma planning, medication and environmental control with the provider.
- Teaches family/patient triggers, environment control, warning signs, medication related to asthma and administration of medications
- Teaches self management to allow patient to monitor behavior at home
- Review schedule for pre-visit planning
- Develops written asthma action plan
- Reviews all asthma test results
- Participates in staff meetings and care team meetings
- Meets with physicians who oversee care of the asthmatic patient
- Advises triage phone team to relay messages and concerns in a timely manner directly to Asthma Educator
- Trains nurses yearly regarding nebulizer treatments, taking pulse ox reading and general care of asthmatic patients
- Stays current on evidence based guidelines published by the AAP and implement any changes found in evidence based guidelines after review/approval from physician partners.
- Develops education material for in office and to give to patients.
- Population management of patients in the Asthma Clinic
- Participates in all Quality Initiatives required by the practice.<http://www.cornerstonepediatrics.org/>

Qualifications:

- CRT, LPN or RN preferred but not required
- National Asthma Educators Board Certification
- Follow guidelines set by National Institutes of Health
- Proficient with asthma testing equipment and EMR
- Possess strong communication skills to clearly and effectively communicate with patients, physicians, management, Cornerstone staff and outside vendors/agencies.
- Ability to motivate people and implement change in a positive manner.

The editors reserve the right to decline submissions for any reason.

NAECB Newsletter Editors:

Kimberly Byrne, RN, BSN, CPN, AE-C
Karen Meyerson, MSN, APRN, FNP-C, AE-C

Helpful Links

- ➔ [Exam Info And Registration](#)
- ➔ [Review Classes](#)
- ➔ [Candidate Handbook](#)
- ➔ [FAQ's](#)
- ➔ [Code of Conduct](#)



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Promoting Excellence in Asthma Education



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