

**August 2015**

**NAEPP EPR-3 Update Summary**

The National Asthma Education and Prevention Program (NAEPP) hosted a conference call meeting on June 24th to report on the update process for the Expert Panel Report 3 (EPR-3): Guidelines for the Diagnosis and Management of Asthma. A meeting summary and a copy of the presentations,

including an overview of the immediate next steps and the systematic review process, has been posted on the NAEPP website. Please visit:

<http://www.nhlbi.nih.gov/about/org/naepp/>

## **Webinar: Asthma Storylines Discussion and Demo, August 26**

Allergy & Asthma Network presents a FREE webinar to learn how Asthma Storylines, a free mobile and web-based self-care app for patients and families, can help you and your clients collaborate on treatment and asthma management strategies, by encouraging self-care and documentation of daily symptoms and other behaviors around their health. The webinar is offered at the following times on Wednesday, August 26:

\* 12:00 - 12:45 PM (Eastern)

Register: <https://attendee.gotowebinar.com/register/7615720379390273537>

\* 5:00 - 5:45 PM (Eastern)

Register: <https://attendee.gotowebinar.com/register/7605808282065911553>

## **American Society of Allergy Nurses West Coast Conference October 2-4, 2015**

**SAVE THE DATE!!!!**

### **REGISTRATION:**

Individual Registration Fee - **\$225.00**

(After September 1, 2015 fee increases to \$245.00)

Register! **online via Paypal OR print a** registration form, **fill out and mail with your payment**  
Fee includes \$10.00 membership fee for 2015.

**NO REFUNDS AFTER SEPTEMBER 1, 2015**

Registration is limited to **200** participants (payment must be included with your registration or we will not be able to register you).

If you wish to purchase ASAN Membership **ONLY** without attending the conference, please Register Here. Registration questions, **call** 1-541-928-9095 or **email**, [info@allergynurses.org](mailto:info@allergynurses.org)

CALL FOR ABSTRACTS (click to view call for Abstracts)  
PROGRAM SCHEDULE  
ASAN October, 2015 AGENDA

TOPICS and SPEAKERS

(date and times will be listed later)

**Bryan Martin, MD** - Immunotherapy - Columbus, OH

**Dana Wallace, MD** - Anaphylaxis - Hollywood, FL

**Travis Miller, MD** - Advanced Airway Diagnostics: How to Sharpen Our Tools - Roseville, CA

**Travis Miller, MD** - Future of Allergy - Roseville, CA

**David Naimi, MD** - Legalization of Cannabis - Implications for the Allergist - Seattle, WA

**Suzanne Levitch, NP** - Asthma - Spokane, WA

**Elizabeth Stieb, BSN, RN, AE-C** - Daily Management of Food Allergy - Boston, MA

**Donna Rekkerth, MS, FNP** - Allergy Extract Mixing - Scottsville, NY

**Donna Rekkerth, MS,FNP** - Importance of Skin Testiong Proficiency - Scottsville, NY

**Jennifer Meltzer, RN, BSN** - Implications for Nursing Practice Surrounding Immunotherapy -  
Salem, OR

**Susan Weathers, RN, ADN** -Implications for Nursing Practice Surrounding Immunotherapy -  
Salem, OR

Friday, October 2, 2015- afternoon only: The Work shop, registration and reception will be held in the Columbia Room, Hood River Inn. We are again offering this workshop for Nurses or Allied Health personnel who are new to allergy. Educational sessions followed by Skin Testing device demonstrations with company representatives.

Friday October 2, 2015 (3 contact hours)

Friday Afternoon Workshops

1:00 PM- Implications for Nursing Practice Surrounding Immunotherapy -

**Jennifer Meltzer, RN, BSN** and **Susan Weathers, RN, ADN** - Salem, OR

4:00 PM -**Donna Rekkerth, MS, FNP** - Importance of Skin Testiong Proficiency - Scottsville, NY  
Skin Testing Devices/ Educational 20 minute sessions with company reps. Discussion with Q & A.

6:00 PM - 8:00 PM Registration & Raffle Sales

(Dinner on your own)

Saturday, October 3, 2015 (9 contact hours)

7:00 AM Exhibits open & Raffle Sales

7:45 AM Welcome and announcements

**(speakers and times will be listed later)**

12:15 PM Lunch, Exhibits and Raffle Sales

3:45 PM Raffle Drawing and Business Meeting

6PM Social Hour - 7PM Dinner - Saturday Night Dinner - Included with your registration  
(extra guests \$25.00).

Sunday, October 4, 2015

8:15 AM Topic TBA

9:30 AM Break

**(speakers and times will be listed later)**

12:15 PM CLOSING REMARKS and Business Meeting

Provider approved by California Board of Registered Nursing, Provider Number 13174 for a total of 11 contact hours if you attend Friday, Saturday & Sunday.

### **RESORT INFORMATION**

The Hood River Inn - has offered special rates for our conference. Please mention that you are with American Society of Allergy Nurses for special rates.

PLEASE MAKE ROOM RESERVATIONS EARLY AS ROOMS MAY BE LIMITED

Check out time on Sunday (you will need to ask for a late check out time 1PM)

HOOD RIVER INN

1108 E Marin Way

Hood River, OR 97031

1-541-386-2200 -1-800-828-7873

[www.hoodriverinn.com](http://www.hoodriverinn.com)

ROOM RATES: \$119.00 - \$135.00 PLUS TAX.

Mention that you are with ASAN to get the group rate.

To register for this conference, please visit: <http://allergynurses.org/west-coast-conference/>

## **Arizona Asthma Coalition Clinical Conference Saturday, October 3, 2015**

**SAVE THE DATE!!!!** The Arizona Asthma Coalition will hold its 9th Annual Conference on Saturday, October 3, 2015, from 8 a.m. to 4 p.m. at the Banner Children's/ Cardon Children's Medical Center in Mesa. The theme of the conference is Asthma and Allergy: Wheezing and Sneezing in the Desert. The conference will explore the relationship of allergy and asthma, and include three tracks:

- Pharmacological Therapy Through the Lifespan - including very young and school-age children, pregnancy, adults and geriatrics
- Clinical Practice - best clinical practices and case studies; what looks like asthma and isn't
- School Nurses - Asthma 101, what to do in emergencies, and how to use devices

Learn about preventing early life asthma, the impact of air quality on asthma, and the latest research and treatments for asthma and allergies.

CME/CEU credits will be provided for physicians, NPs, PAs, nurses, nurse practitioners, and respiratory care practitioners. Watch for registration materials in July!

For further information contact Mark Brown, MD at [mabrown@arc.arizona.edu](mailto:mabrown@arc.arizona.edu).

## **California Asthma Summit 2015 October 14-15, 2015**

Join us October 14-15 in Los Angeles

**Register Now! Early bird rate available until August 15th!**

Please visit [www.CalAsthmaSummit.org](http://www.CalAsthmaSummit.org) to view the agenda, see the great line up of speakers and reserve your spot. You'll also find information about travel and nearby hotels.

This two day summit will cover a range of cutting edge research interventions, and policies: the microbiome, genetics, social determinants of health, psychological stressors, impacts of health care reform, secondhand smoke and e-cigarette vapor, housing policy, obesity, traffic exposure, and more.

**Who Should Attend:**

Physicians, nurses, researchers, asthma advocates, health educators, asthma educators, policy makers, and environmental health advocates.

**Continuing Education:**

The Sequoia Foundation is approved by the California Board of Registered Nursing, Provider # CEP 14765 for 12 contact hours. Continuing education credit hours for physicians, and respiratory therapists are pending approval.

**We are grateful to our 2015 California Asthma Summit Sponsors:**

Funding for this conference was made possible in part by grant number 1R13HS024246-01 from the Agency for Healthcare Research and Quality (AHRQ). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. Additional sponsors include:

**American College of Chest Physicians (ACCP)  
Annual Conference  
October 24-25, 2015  
Montréal, Canada**



**SAVE THE DATE!!!!** The American College of Chest Physicians (CHEST) Annual Conference will be held on October 24-28, 2015 in Montréal, Canada.

### **Program**

Join CHEST in Montréal for the 2015 conference, your connection to educational opportunities will help optimize the clinical decisions you make. The cutting-edge sessions and community of innovative problem-solvers in attendance will inspire and energize you. Program highlights include:

#### **Saturday, October 24**

Postgraduate Courses

Enhance your learning by beginning CHEST 2015 with a postgraduate course focused on specific topics to offer an intensive learning experience.

#### **Sunday, October 25 - Wednesday, October 28**

Interdisciplinary Programs

Bring your entire care team to attend programs that will address clinical issues across the disciplines. Session speakers will represent each role and present from their respective perspectives, so your group can collectively experience practical, relevant updates. Sessions will combine lecture-based, case-based, and hands-on learning opportunities.

#### **CHEST Simulation Center**

Practice your clinical skills in a hands-on learning environment. Work with expert faculty to sharpen your skills and apply your knowledge using real equipment and simulators.

### **General Sessions**

Choose from hundreds of sessions, offered in a variety of instructional formats, including hands-on simulation, interactive case-based presentations, small-group discussions, and a rich variety of self-study modules and educational games.

### **Exhibit Hall**

Don't miss the showcase of diagnostic and treatment solutions for optimal patient care.

### **Sessions Will Be Recorded**

CHEST 2015 will be recorded, so you can listen again or hear sessions you missed. Attendees will have electronic access to recorded sessions at no additional cost.

To register for this conference, please visit: <http://chestmeeting.chestnet.org/meeting-information/registration>

## **Allergy and Asthma Network is Offering Free Membership to All AE-Cs in the U.S.**

**by John Manning, RN, MSN, PNP, AE-C  
Chair, NAECB**

Allergy and Asthma Network is a nonprofit organization whose mission is to end needless death and suffering due to asthma, allergies and related conditions through outreach, education,

advocacy and research. I encourage you to explore their website (<http://www.allergyasthmanetwork.com>).

The Allergy and Asthma Network is now offering complimentary memberships to all currently certified asthma educators (AE-Cs) in the U.S. The AE-C should "enter" as a professional member and enter a discount code after establishing an account.

The promotional code is AAEC15 and it is valid until September 30, 2015, for registration purposes.

Here are the benefits which would be received:

- Complimentary membership in Allergy & Asthma Network to all members. This entitles them to medically-accurate, patient-friendly education resources free-of-charge including:
  - \* Allergy & Asthma Today quarterly magazine
  - \* Educational Posters on Allergy, Asthma, Anaphylaxis and Medications
  - \* Educational Special Editions on Asthma, Anaphylaxis, Indoor Air Quality and Environmental Allergies
  - \* Continuing Education Programs
  - \* Invitation to participate in community-based programs and media opportunities to highlight the role of AE-Cs
- Learning sessions delivered in 35 local markets throughout the U.S. to reinforce guideline-based asthma and allergy care
- Web-based Grand Rounds - Allergy & Asthma content developed and presented by leaders of AAN & ACAAI to reinforce key clinical messages
- National meeting participation

- Advocacy - shared voice on Capitol Hill to reinforce the voice of allergy & asthma patients and healthcare professionals.

**Camp Soaring Eagle**  
**Cornville, AZ**  
**September 25- 27, 2015**  
**October 23-25, 2015**

FREE Respiratory Camp for children ages 6-15 years who have a history of asthma will have an opportunity to attend a FREE weekend camp in Cornville, AZ at Camp Soaring Eagle.

This camp has 24-hour medical supervision & campers get to meet 20 other children with this chronic medical condition.

The campers receive asthma education in a fun learning environment & have the opportunity to fish, horseback ride, learn archery, and more!

Free transportation is provided to & from camp from Cardon Children's Medical Center in Mesa, AZ.

If you are a RN or LPN or RT - we also need medical staff volunteers! Food & transportation is provided to staff.

More information about this camp: [www.campsoaringeagle.org](http://www.campsoaringeagle.org)

To apply for camp, please contact:

Juan Morales

Executive Director of Camp Operations

Office: 928-284-219

Cell: 702-218-7034

[jmorales@campsoaringeagle.org](mailto:jmorales@campsoaringeagle.org)

Camp Soaring Eagle

## **Asthma in the News**

### **Asthma cells scramble like 'there's a fire drill'**

Movement of epithelial cells offers insight into mechanisms of asthma, and other diseases, like cancer. <http://bit.ly/1TvP0mT>

### **Review Explores Role of Psychological Aspects in Asthma Control**

A recent meta-analysis of 5,510 articles explored the role of psychological factors associated with the unsuccessful fulfillment of optimal levels of asthma control, especially in patients suffering from severe asthma. <http://bit.ly/1DQ3mN0>

### **Allergic Sensitization Decreases as People Age**

Researchers have found that the prevalence of allergic sensitization to any allergen decreased as the age of the population increased, and while allergic rhinitis decreased significantly as the population aged, this was not true for asthma. <http://bit.ly/1MtxteA>

### **Newly Identified Gene May Increase Inflammation in Individuals with Asthma**

In a breakthrough discovery, Australian scientists have revealed that a gene named PAG1 is more likely to increase inflammation in people suffering from asthma.

<http://bit.ly/1LNp3OY>

### **Pregnant Women with Asthma Hospitalized More Often than Non-Pregnant Women**

Researchers compared 3,357 pregnant women with asthma with 50,355 non-pregnant women with asthma, and found pregnant women with asthma are more likely to experience an asthma-related hospitalization than women with asthma who are not pregnant, but had fewer outpatient visits and prescriptions for most asthma medications than non-pregnant women with asthma. <http://bit.ly/1N05TEK>

### **Pregnant Women May Be Unaware of Possible E-cigarette Risks**

A small study revealed that among a group of pregnant women surveyed, almost half were unaware that e-cigarettes contain nicotine or know that the devices can be addictive. <http://bit.ly/1Lw9WaO>

### **Cesarean Birth May Raise Baby's Risk of Asthma, Diabetes, Obesity**

According to a new analysis, the link between being born by Cesarean section (C-section) and chronic health conditions such as asthma and diabetes is strong enough that mothers should discuss the risk with their doctor when deciding whether to proceed with an elective C-section. <http://reut.rs/1I9NvcP>

### **Pharmacy Data 'Could Reduce Asthma Treatment Inequality'**

Research has found that the ratio of dispensed asthma controller to rescue medication at

community pharmacies is associated with the need for emergency asthma treatment in pediatric patients. <http://bit.ly/1J23Tev>

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### **NAECB Newsletter Editors:**

**Kimberly Byrne, RN, BSN, CPN, AE-C**  
**Karen Meyerson, MSN, APRN, FNP-C, AE-C**

## Helpful Links

[Exam Info And Registration](#)

[Review Classes](#)

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[FAQ's](#)

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## NAECB Members

Visit the [NAECB Certificant Corner](#) for past newsletters, forms for replacement pins and certificates, and to update your contact information.

Promoting Excellence in Asthma Education

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