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NATIONAL  
ASTHMA EDUCATOR  
CERTIFICATION BOARD

AE-C

August 2018

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**Upcoming Events**

**23rd Annual Regional Allied Health Conference  
Current Perspectives in Asthma, Allergy & Pulmonary Practice  
Friday, September 14, 2018**

This full-day program (7:55 a.m-3:30 pm) provides an update for Registered Nurses, Advanced Practice Nurses, Physician Assistants, Respiratory Therapists and Allied Professionals who work with patients who have chronic diseases and conditions.

Location: Molly Blank Conference Center at National Jewish Health Main Campus, 1400 Jackson St. Denver, CO. 80206.

[Register Now](#) Early bird rate is \$120 through August 20, 2018!

**Sessions and Workshop Topics:**

- Airway Clearance: Improving Quality of Life
- All Things Immunology: Atopy, Food Allergies and Asthma in Kids
- Biologics and Biosimilars: It's a MAb, mAb, mAb World
- Cystic Fibrosis: Transition to Adult Care
- Does This Inhaler Make Me Look Awesome? Inhaled Medication Delivery; Tools & Techniques
- Eating for Energy
- Idiopathic Pulmonary Fibrosis in Review
- Infection Prevention Through Ages
- Rheumatology in Practice: An overview of RA, SLE and Sjogren's Syndrome
- Spirometry Tools & Techniques: Putting it all Together

- Take a Deep Breath: We're Going to Talk About Asthma
- Type 2 Diabetes: The Latest in Medication and Lifestyle Management
- What's New in COPD: A Nursing Perspective

\* Topics are subject to change

### **Registration Information:**

Registration Fee is \$135 / Early bird rate is \$120 through August 20, 2018!

Please visit [njhealth.org/AlliedHealthCare](http://njhealth.org/AlliedHealthCare). Please contact Mandy Comeau in the Office of Professional Education at 303-398-1000 or 800-844-2305 or comeauM@njhealth.org with questions.

## **Asthma Educator Sharing Day September 28, 2018 9 A.M. - 4 P.M. All Michigan asthma educators are invited!**

Lansing Community College, West Campus  
5708 Cornerstone Drive, Lansing, Michigan

Agenda:

- Spirometry Interpretation & Medication Deposition - Dr. Tom Saba
- THC and Asthma - Jeff Callard
- Update on Asthma Medications, Including Biologics for Severe Persistent Asthma - Joan O'Lear
- Supporting Students with Asthma in the School Setting - Evilia Jankowski
- Asthma Education: Barriers and Solutions - Karla Stoermer-Grossman
- Michigan MATCH: A Model for Success - Tisa Vorce & Susanna Rozema
- NAECB Update - Karen Meyerson

Light breakfast and lunch included, CE credits available for RNs and RTs (applications pending) to be used toward licensure and AE-C recertification.

There is no charge to attend, but seating is limited and [registration by September 14, 2018 is required](#).

For more information, please contact Tisa Vorce 517-355-9463

## **Arizona Asthma Coalition Clinical Conference Saturday, September 29th 2018**

Please join us for the 12th Annual Arizona Asthma & Allergy Clinical Conference providing education and networking for clinicians who care for patients living with asthma and allergies.

**This educational activity is designed for:**

- Practicing pediatric and adult primary care providers
- Asthma specialists (pulmonologists and allergist)
- Pediatric and family nurse practitioners
- Respiratory therapists
- Pharmacists
- Nurses
- School Nurses
- Quality assurance and case managers
- MA's and anyone else involved in care of people with asthma to increase their knowledge of asthma best practices

### **Program Credit**

1. Continuing Medical Education credits (CME) for Physicians and PA's applied for from the American Academy of Family Physicians (AAFP)
2. Continuing Education (CE) for Nurse Practitioners and Nurses applied for from the California Board of Registered Nursing (CBRN)
3. Continuing Education (CE) for Respiratory Therapists applied for from the Arizona Society for Respiratory Care (AzSRC for Arizona RTs only)

- Respiratory Care (AZSRK for Arizona RIs only)
4. General Certificates of Attendance applied for from Northern Arizona Area Health Education Center (NAHEC)

[Program Brochure](#)

[Vendor/Sponsor Packet](#)

## **Allergy & Asthma Network USAsthma Summit 2018 Friday November 16, 2018**

Allergy & Asthma Network and American College of Allergy, Asthma & Immunology (ACAAI) are pleased to invite you to the 2018 USAsthma Summit. The summit takes place on **Friday, November 16, 2018** at the Hyatt Olive 8 Hotel-Ballroom AB (1635 8th Avenue, Seattle, WA. 98101).

Join us for an engaging one-day event to discuss barriers in asthma care, share lessons learned and best practices from programs across the country, and discuss ways to advance Guidelines-based asthma care throughout the United States.

Facilitator: Tracy W. Enger ( U.S. Environmental Protection Agency)

Topics:

- The State of Asthma in the USA
- Addressing Barriers to Improve Asthma Care
- The Role of the Pharmacist in Asthma Education
- Funding and Sustainability
- Reimbursement for Comprehensive Asthma Care: Lesson Learned from Community Leaders
- Medication Confusion
- Shared Decision Making Tool for Adults with Sever Asthma
- Quality and Affordable Health Care for Asthma in Medicaid
- What's New on Telehealth

**\*\*Registration is free. Breakfast and lunch included\*\***

### **Register Today**

#### **Who should Attend?**

Asthma coalitions, state and local asthma programs, community organizations, foundations/non-profits, health departments, health care providers, community health workers and all stakeholders involved in asthma care.

#### **Scholarships**

Limited travel scholarships are available. Awardees receive \$500 for travel and hotel accomodations. Please fill out the 2018 USAsthma Summit Scholarship Form and send by email to [mgieminiani@allergyasthmanetwork.org](mailto:mgieminiani@allergyasthmanetwork.org) or fax to 703-288-5271 no later than August 31, 2018. Scholarships will be awarded by September 11, 2018. Check will be provided on November 16.

#### **Hotel**

As in previous years we are using the American College of Allergy, Asthma and Immunology (ACAAI) block rooms. If you want to access their event rate, please go to hotel reservations. All hotels are walking distance from each other so please pick the one that is more convenient for you.

For more information please contact Marcela Gieminiani:  
[mgieminiani@allergyasthmanetwork.org](mailto:mgieminiani@allergyasthmanetwork.org)  
Phone: 703-641-9595 or 703-942-5660

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**New FREE Continuing Education From MMWR and Medscape**

**Asthma In Children**

CDC's *MMWR* and Medscape are proud to introduce a new [FREE continuing education \(CE\) activity](#) that describe trends and demographic differences in health outcomes and healthcare use for childhood asthma, based on a Centers for Disease Control and Prevention (CDC) analysis of asthma data from the 2001-2016 National Health Interview Survey for children 17 years and younger.

This activity is intended for pediatricians, pulmonologists, public health officials, nurses, and other clinicians caring for patients with childhood asthma.

Upon completion of this activity, participants will

1. Distinguish demographic differences in prevalence, health outcomes, and healthcare use for childhood asthma, based on a Centers for Disease Control and Prevention (CDC) analysis of asthma data from the 2001-2016 National Health Interview Survey for children 17 years and younger
2. Describe temporal trends in health outcomes and healthcare use for childhood asthma, based on the CDC analysis of asthma data
3. Determine the clinical implications of trends and demographic differences in health outcomes and healthcare use for childhood asthma

To access this FREE *MMWR* / Medscape CE activity visit [https://www.cdc.gov/mmwr/cme/medscape\\_cme.html](https://www.cdc.gov/mmwr/cme/medscape_cme.html). If you are not a registered user on Medscape, you may [register for free or login without a password](#) and get unlimited access to all continuing education activities and other Medscape features.

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## Tell Us Your Story!

If you are a Certified Asthma Educator with an innovative approach to asthma education or a unique program, we want to hear about it!

**[Send an e-mail to info@naecb.org](mailto:info@naecb.org) and we may feature your story in an upcoming newsletter!**

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## Certified Asthma Educators in Action

### Maureen Damitz, BA, AE-C

I knew my asthma knowledge was strong. Having raised three boys with asthma, two of whom had very severe disease, I had taken the time to learn all I could about asthma, medications and treatment plans. Convincing others of my knowledge was not always easy or recognized. I jumped at the chance to put credentials behind my knowledge. I am a 1000 hour candidate and have successfully taken the NAECB test twice and recertified CME once. Having the credentials of AE-C has helped me advance my career in the health field. Additionally, being able to add my credentials in grant applications helped organizations I worked with secure grant funds. These funds have been used to provide assistance and education to families who live with asthma.

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## Fresh Off the Press - New Asthma Publications

The book: "Allergies and Adolescents - Transitioning Towards Independent Living", Dr. David.R. Stukus (Ed.)

Published May 2018 by Springer

From the Research Gate site:

"This unique book is intended to assist readers in understanding various allergic diseases as they pertain to the adolescent, with a strong focus on encouraging their transition into self-management. Allergies and Adolescents thoroughly addresses both the cognitive and social development of adolescents and provides effective strategies for involving them in their own self-management. Different types of nonadherence are

covered in detail, and specific conditions such as allergic rhinitis, asthma, food allergy, and eczema each have a chapter devoted to a comprehensive discussion of basic concepts surrounding diagnosis and management. These chapters are then followed by a separate chapter providing details as to how that condition can specifically impact adolescents. Chapters containing practical tips that can be immediately implemented by adolescents and their families as well as clinicians conclude the book.

Written by experts in their respective fields, Allergies and Adolescents is a comprehensive resource for multiple audiences, including the allergist, pediatrician, and any other healthcare provider working with adolescents, guiding them towards self-management, and preparing them for independent living."

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## Asthma in the News

### **NAEPP Coordinating Committee Expert Panel 4 (EPR-4) Working Group Established**

The EPR-4 Working Group members will use findings from five systematic reviews to update the guidelines: 1) Role of Immunotherapy in the Treatment of Asthma; 2) Intermittent Inhaled Corticosteroids and Long-Acting Muscarinic Antagonist for Asthma; 3) Effectiveness of Indoor Allergen Reduction in Management of Asthma; 4) Effectiveness and Safety of Bronchial Thermoplasty in Management of Asthma; 5) Clinical Utility of Fractional Exhaled Nitric Oxide (FeNO) in Asthma Management.

### **Telemonitoring in Asthma Control: A Randomized Controlled Trial**

A small randomized controlled clinical trial of patients with asthma, whose asthma control tests and peak expiratory flow measurements were regularly reported and responded to by text, was found to be beneficial.

### **In-Person or Video-Based Inhaler Education for Patients With Asthma: Is One Better Than the Other?**

A trial evaluating the difference between video-based and face-to-face inhaler education for patients with asthma did not find a change in baseline of FEV1 at 4 and 12 weeks, asthma control test scores, inhaler technique scores, and adherence scores.

### **Home Medication Readiness for Preschool Children With Asthma**

A new study found only about half the parents of asthmatic preschoolers had the right knowledge and medicines on hand to treat their child's asthma at home, and one-third of those children had empty inhalers.

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***Please send potential article submissions or upcoming related events via e-mail to [info@naecb.org](mailto:info@naecb.org).  
The editors reserve the right to decline submissions for any reason.***

### **NAECB Newsletter Editors:**

**Kimberly Byrne, DNP, CPNP-PC, AE-C**  
**Samantha Davis, MS, RRT-NPS, AE-C**

### **Helpful Links**

- ➔ [Exam Info And Registration](#)
- ➔ [Review Classes](#)
- ➔ [Candidate Handbook](#)
- ➔ [Recertification Handbook](#)
- ➔ [FAQ's](#)
- ➔ [Code of Conduct](#)

**BEGIN YOUR ONLINE  
SEARCH FOR A  
CERTIFIED  
ASTHMA EDUCATOR**



**SCHOLARSHIPS**  
AVAILABLE



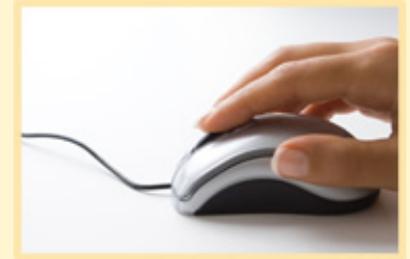
**APPLY  
TODAY**

[National Asthma Educator Certification Board Linda B. Ford, MD Scholarship Application](#)

[Association of Asthma Educators \(AAE\) E. Ellis Scholarship Application](#)

## NAECB Members

Visit the [NAECB Certificant Corner](#) to access newsletters, obtain forms for replacement pins and certificates, and to update your contact information.



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