

**July 2015**

**Augusta Area Asthma Day Camp**

**Augusta, GA**

For the fourth year in a row, the Georgia Regents University Respiratory Therapy program is hosting the Augusta Area Asthma Camp. The camp will be held July 20- 24 at Camp Tanglewood in Columbia County. This year's theme is "Asthma All-Stars" and will include a visit by the Augusta GreenJackets minor league baseball team. In addition, during the weekend of July 25-26, campers will head to the Lake Olmstead Stadium to run the bases with the players and stand with the team for the national anthem before their game against the Delmarva Shorebirds.

Sixty children are scheduled to attend the camp, which will include one hour of asthma education each morning, followed by swimming, hiking, sports, arts & crafts, and games. Many of the campers have reported that they enjoy the camp because they don't feel singled out or embarrassed about having asthma since everyone there has asthma. It is also a chance

for respiratory therapy students to learn about pediatric patients with asthma in a real world setting instead of in the ER or hospital. Students often comment that they never fully understood the impact of asthma education and monitoring until they observed it first-hand at camp. Assisting the respiratory therapy students will be a host of volunteers, including respiratory therapy alumni traveling from as far away as Atlanta and Savannah to help. In addition to local respiratory therapists and nurses, faculty and physicians will also be on hand at the camp.

## **American Society of Allergy Nurses West Coast Conference**

**October 2-4, 2015**

**SAVE THE DATE!!!!**

### **REGISTRATION:**

Individual Registration Fee - **\$225.00**

(After September 1, 2015 fee increases to \$245.00)

Register! **online via Paypal OR print a** registration form, **fill out and mail with your**

## **payment**

Fee includes \$10.00 membership fee for 2015.

## **NO REFUNDS AFTER SEPTEMBER 1, 2015**

Registration is limited to **200** participants (payment must be included with your registration or we will not be able to register you).

If you wish to purchase ASAN Membership **ONLY** without attending the conference, please Register Here. Registration questions, **call** 1-541-928-9095 or **email**, [info@allergynurses.org](mailto:info@allergynurses.org)

CALL FOR ABSTRACTS (click to view call for Abstracts)

PROGRAM SCHEDULE

ASAN October, 2015 AGENDA

TOPICS and SPEAKERS

(date and times will be listed later)

**Bryan Martin, MD** - Immunotherapy - Columbus, OH

**Dana Wallace, MD** - Anaphylaxis - Hollywood, FL

**Travis Miller, MD** - Advanced Airway Diagnostics: How to Sharpen Our Tools - Roseville, CA

**Travis Miller, MD** -Future of Allergy - Roseville, CA

**David Naimi, MD** - Legalization of Cannabis - Implications for the Allergist - Seattle, WA

**Suzanne Levitch, NP** - Asthma - Spokane, WA

**Elizabeth Stieb, BSN, RN, AE-C** - Daily Management of Food Allergy - Boston, MA

**Donna Rekkerth, MS,FNP** - Allergy Extract Mixing - Scottsville, NY

**Donna Rekkerth, MS,FNP** - Importance of Skin Testiong Proficiency - Scottsville, NY

**Jennifer Meltzer, RN, BSN** - Implications for Nursing Practice Surrounding Immunotherapy-  
Salem, OR

**Susan Weathers, RN, ADN** -Implications for Nursing Practice Surrounding Immunotherapy -  
Salem, OR

Friday, October 2, 2015- afternoon only: The Work shop, registration and reception will be held in the Columbia Room, Hood River Inn. We are again offering this workshop for Nurses or Allied Health personnel who are new to allergy. Educational sessions followed by Skin Testing device demonstrations with company representatives.

Friday October 2, 2015 (3 contact hours)

Friday Afternoon Workshops

1:00 PM- Implications for Nursing Practice Surrounding Immunotherapy -

**Jennifer Meltzer, RN, BSN** and **Susan Weathers, RN, ADN** - Salem, OR

4:00 PM -**Donna Rekkerth, MS, FNP** - Importance of Skin Testing Proficiency - Scottsville, NY  
Skin Testing Devices/ Educational 20 minute sessions with company reps. Discussion with Q & A.

6:00 PM - 8:00 PM Registration & Raffle Sales

(Dinner on your own)

Saturday, October 3, 2015 (9 contact hours)

7:00 AM Exhibits open & Raffle Sales

7:45 AM Welcome and announcements

**(speakers and times will be listed later)**

12:15 PM Lunch, Exhibits and Raffle Sales

3:45 PM Raffle Drawing and Business Meeting

6PM Social Hour - 7PM Dinner - Saturday Night Dinner - Included with your registration

(extra guests \$25.00).

Sunday, October 4, 2015

8:15 AM Topic TBA

9:30 AM Break

**(speakers and times will be listed later)**

12:15 PM CLOSING REMARKS and Business Meeting

Provider approved by California Board of Registered Nursing, Provider Number 13174 for a total of 11 contact hours if you attend Friday, Saturday & Sunday.

### **RESORT INFORMATION**

The Hood River Inn - has offered special rates for our conference. Please mention that you are with American Society of Allergy Nurses for special rates.

PLEASE MAKE ROOM RESERVATIONS EARLY AS ROOMS MAY BE LIMITED  
Check out time on Sunday (you will need to ask for a late check out time 1PM)

HOOD RIVER INN  
1108 E Marin Way  
Hood River, OR 97031  
1-541-386-2200 -1-800-828-7873  
[www.hoodriverinn.com](http://www.hoodriverinn.com)

ROOM RATES: \$119.00 - \$135.00 PLUS TAX.

Mention that you are with ASAN to get the group rate.

To register for this conference, please visit: <http://allergynurses.org/west-coast-conference/>

## **Arizona Asthma Coalition Clinical Conference**

**Saturday, October 3, 2015**

**SAVE THE DATE!!!!** The Arizona Asthma Coalition will hold its 9th Annual Conference on Saturday, October 3, 2015, from 8 a.m. to 4 p.m. at the Banner Children's/ Cardon Children's Medical Center in Mesa. The theme of the conference is Asthma and Allergy: Wheezing and Sneezing in the Desert. The conference will explore the relationship of allergy and asthma, and include three tracks:

- Pharmacological Therapy Through the Lifespan - including very young and school-age children, pregnancy, adults and geriatrics
- Clinical Practice - best clinical practices and case studies; what looks like asthma and isn't
- School Nurses - Asthma 101, what to do in emergencies, and how to use devices

Learn about preventing early life asthma, the impact of air quality on asthma, and the latest research and treatments for asthma and allergies.

CME/CEU credits will be provided for physicians, NPs, PAs, nurses, nurse practitioners, and respiratory care practitioners. Watch for registration materials in July!

For further information contact Mark Brown, MD at [mabrown@arc.arizona.edu](mailto:mabrown@arc.arizona.edu).

# **Association of Asthma Educators (AAE) Annual Conference**

**July 31 - August 2, 2015**

**Anaheim, CA**

**SAVE THE DATE!!!!** The Association of Asthma Educators (AAE) Annual Conference will be held on July 31- August 2 at the Hyatt Regency in Anaheim, CA.

The AAE is the premier inter-professional organization striving for excellence to raise the competency of diverse individuals who educate patients and families living with asthma. Professionals from many diverse areas of asthma care are welcome, including: nurses (RN, LPN, LVN), nurse practitioners (NP), nurse clinicians (NC), respiratory therapists (RRT, CRT), pulmonary function technologists (CPFT, RPFT), pharmacists (RPh, PharmD), physicians (MD, DO), physician assistants (PA-C), community health workers (CHW), social workers (CSW, LSW), public health professionals/health educators (MPH, CHES), case managers, physical therapists (PT) and occupational therapists (OT).

## **Highlights:**

- Three days full of sessions covering a wide range of topics, appealing to anyone with a passion for asthma education

- 16+ educational hours offered with approval from AARC, CCMC, CA Board of Nursing, AANP, (etc.)
- Poster presentations
- Vendor exhibits with ample time to talk to all the attendees
- Door-prizes, networking, "Meet and Greet" with new friends
- Great food, great sights and fun in Disneyland's backyard
- July 30 Pre-conference: "Asthma Pharmacology: A Comprehensive Review for Prescribers" - offering 6 educational hours (separate registration required)
- July 30: Community Service Project from 6:00-8:00 PM.
- President's 5K Fun Run/Walk Event for everyone!

This meeting will bring professionals together to showcase new techniques, products, medications, and strategies to improve the quality of care and the quality of life for those diagnosed with asthma.

To register for this conference, please visit: <http://www.asthmaeducators.org/event-1833712>

# **American College of Chest Physicians (ACCP)**

## **Annual Conference**

**October 24-25, 2015**

**Montréal, Canada**

**SAVE THE DATE!!!!** The American College of Chest Physicians (CHEST) Annual Conference will be held on October 24-28, 2015 in Montréal, Canada.

### **Program**

Join CHEST in Montréal for the 2015 conference, your connection to educational opportunities will help optimize the clinical decisions you make. The cutting-edge sessions and community of innovative problem-solvers in attendance will inspire and energize you. Program highlights include:

## **Saturday, October 24**

### Postgraduate Courses

Enhance your learning by beginning CHEST 2015 with a postgraduate course focused on specific topics to offer an intensive learning experience.

## **Sunday, October 25 - Wednesday, October 28**

### Interdisciplinary Programs

Bring your entire care team to attend programs that will address clinical issues across the disciplines. Session speakers will represent each role and present from their respective perspectives, so your group can collectively experience practical, relevant updates. Sessions will combine lecture-based, case-based, and hands-on learning opportunities.

### **CHEST Simulation Center**

Practice your clinical skills in a hands-on learning environment. Work with expert faculty to

sharpen your skills and apply your knowledge using real equipment and simulators.

### **General Sessions**

Choose from hundreds of sessions, offered in a variety of instructional formats, including hands-on simulation, interactive case-based presentations, small-group discussions, and a rich variety of self-study modules and educational games.

### **Exhibit Hall**

Don't miss the showcase of diagnostic and treatment solutions for optimal patient care.

### **Sessions Will Be Recorded**

CHEST 2015 will be recorded, so you can listen again or hear sessions you missed. Attendees will have electronic access to recorded sessions at no additional cost.

To register for this conference, please visit: <http://chestmeeting.chestnet.org/meeting-information/registration>

## **Allergy and Asthma Network is Offering Free Membership**

**to All AE-Cs in the U.S.**

**by John Manning, RN, MSN, PNP, AE-C  
Chair, NAECB**

Allergy and Asthma Network is a nonprofit organization whose mission is to end needless death and suffering due to asthma, allergies and related conditions through outreach, education, advocacy and research. I encourage you to explore their website (<http://www.allergyasthmanetwork.com>).

The Allergy and Asthma Network is now offering complimentary memberships to all currently certified asthma educators (AE-Cs) in the U.S. The AE-C should "enter" as a professional member and enter a discount code after establishing an account.

The promotional code is AAEC15 and it is valid until September 30, 2015, for registration purposes.

Here are the benefits which would be received:

- Complimentary membership in Allergy & Asthma Network to all members. This entitles them to medically-accurate, patient-friendly education resources free-of-charge including:
  - \* Allergy & Asthma Today quarterly magazine
  - \* Educational Posters on Allergy, Asthma, Anaphylaxis and Medications
  - \* Educational Special Editions on Asthma, Anaphylaxis, Indoor Air Quality and Environmental Allergies
  - \* Continuing Education Programs
  - \* Invitation to participate in community-based programs and media opportunities to highlight the role of AE-Cs
- Learning sessions delivered in 35 local markets throughout the U.S. to reinforce guideline-based asthma and allergy care
- Web-based Grand Rounds - Allergy & Asthma content developed and presented by leaders of AAN & ACAAI to reinforce key clinical messages
- National meeting participation
- Advocacy - shared voice on Capitol Hill to reinforce the voice of allergy & asthma patients and

healthcare professionals.

## **Camp Soaring Eagle**

**Cornville, AZ**

**September 25- 27, 2015**

**October 23-25, 2015**

FREE Respiratory Camp for children ages 6-15 years who have a history of asthma will have an opportunity to attend a FREE weekend camp in Cornville, AZ at Camp Soaring Eagle.

This camp has 24-hour medical supervision & campers get to meet 20 other children with this chronic medical condition.

The campers receive asthma education in a fun learning environment & have the opportunity to fish, horseback ride, learn archery, and more!

Free transportation is provided to & from camp from Cardon Children's Medical Center in Mesa, AZ.

If you are a RN or LPN or RT - we also need medical staff volunteers! Food & transportation is

provided to staff.

More information about this camp: [www.campsoaringeagle.org](http://www.campsoaringeagle.org)

To apply for camp, please contact:

Juan Morales

Executive Director of Camp Operations

Office: 928-284-219

Cell: 702-218-7034

[jmorales@campsoaringeagle.org](mailto:jmorales@campsoaringeagle.org)

## **Camp Superstuff**

### **2015 Asthma Summer Camp**

Annual asthma camp hosted by Breathe California of the Bay Area! Designed for children ages 6 to 12 with asthma, Camp Superstuff utilizes trained staff and volunteers to teach participants important techniques critical to managing one's asthma. These include:

- Understanding different aspects of the disease
- Recognizing the triggers of asthma attacks
- Knowing when/how to take your medication
- Learning how to support your peers with asthma

In addition to offering a supportive educational environment, Camp Superstuff provides campers with the opportunity to take part in traditional camp activities. Throughout the week, your child will enjoy a variety of field trips, games, arts & crafts, skits, songs and more!

**When**

Monday, July 20th - Friday, July 24th 9 am- 5 pm

**Where**

Mayfair Community Center

2039 Kammerer Ave., San Jose, CA 95116

**Cost**

\$120 (may be covered by Valley Health Plan and Santa Clara Family Health Plan; scholarships are available for those who qualify)

### **Deadline for Registration**

Wednesday, July 1st, 2015

### **Mandatory Parent Orientation**

6:00pm-8:00pm, Friday, July 10th, 2015

Valley Specialty Center basement Room BQ160

751 S. Bascom Ave., San Jose, CA. 95128

For more information, or to register for the 2015 Camp Superstuff, please call Breath California at (480) 988-5865 or visit [www.lungsrus.org](http://www.lungsrus.org). Space is limited, so please sign up early.

Camp Superstuff is in need of volunteer professionals, one each day, to act as 'CAMP NURSE' for their 40 campers, ages 6 to 12 who have asthma. "Camp nurses" can be RNs, EMTs, LVNs, PA-Cs, NPs, MDs, or RRTs.

Please spread the word. Interested persons should contact Janet Ghanem at [Janet@lungsrus.org](mailto:Janet@lungsrus.org).

## **Asthma in the News**

### **Forced oscillometry bested spirometry in detecting airway function in asthma patients**

Compared with spirometry, forced oscillometry better detected normal airway function in patients

with asthma and better detected isolated small airway obstruction in patients with bronchial asthma, according to study results. <http://bit.ly/1ffp6a2>

### **Targeting nerve endings to curb allergic asthma**

Researchers showed that specialized sensory neurons called nociceptors are not only activated by allergic inflammation, but also exacerbate the allergic immune response. <http://medicalxpress.com/news/2015-06-nerve-curb-allergic-asthma.html>

### **Classroom airborne endotoxin levels lead to increased asthma symptoms**

Inner-city children with asthma are at risk for experiencing more asthma symptoms because of being exposed to high airborne endotoxin levels at school, according to study results. <http://bit.ly/1RSmMSu>

### **Switching off nerve cells eases asthma attacks**

Dulling nerve cells in mice's lungs soothes irritated airways by easing inflammation and out-of-control coughing, and researchers think targeting nerve cells could be a feasible therapeutic approach for asthma in humans.

<http://bit.ly/1IgIkaD>

### **Asthma Treatments Fail Older Patients More Often**

Researchers looked at 1,200 patients with mild-to-moderate asthma, and found that treatment failure occurred in about 17 percent of those aged 30 and older, compared with about 10 percent of those younger than 30. <http://www.doctorslounge.com/index.php/news/hd/55886>

### **E-cigarette usage surges in past year**

Significantly more Americans are using electronic-cigarettes and other vaporizing devices than a year ago, but most of those consumers are also smoking conventional cigarettes, according to a new Reuters/Ipsos poll.

<http://reut.rs/1TaQhT0>

### **Aerobic Exercise Can Help Curb Asthma**

Study results suggest that adding exercise as an adjunct therapy to drug treatment could improve bronchial hyper-responsiveness and decrease levels of proteins tied to the inflammatory response in asthma.

<http://bit.ly/1S7x0QX>

**Do you have an asthma program led by certified asthma educator(s) that you would like to highlight in our monthly newsletter? Please send your story to: [info@naecb.org](mailto:info@naecb.org)**

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**NAECB Newsletter Editors:**

**Kimberly Byrne, RN, BSN, CPN, AE-C**

**Karen Meyerson, MSN, APRN, FNP-C, AE-C**

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Promoting Excellence in Asthma Education

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