



NATIONAL  
ASTHMA EDUCATOR  
CERTIFICATION BOARD

NAE-C

November 2017

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## **Candidate Handbook**

Beginning September 1, 2018, Click on "Candidate Handbook" for the current candidate handbook, which contains the detailed content outline for those taking the exam prior to 9-1-18 and a 2nd detailed content outline for those taking the exam starting 9-1-18.

[Candidate Handbook](#)

## **Asthma Educators of the Month: How has AE-C benefited me?**



**Constance Saunders, RN, MN, CCM, AE-C**

It has given me the knowledge, tools and opportunity to educate persons with asthma in a way that is evidence based, current and realistic, focusing on a common-sense scientific approach.

It has given me the opportunity to meet, network and learn from an outstanding group of other educators with a common interest in the field of minimizing the life consequences of this disease.



**Tami Kochan, RN, MSN, CPNP, AE-C**

My name is Tami Kochan and I graduated from the University of Washington in 2006 with my Masters in Nursing as a Pediatric Nurse Practitioner. I was fortunate enough to receive a Pediatric Pulmonary Center scholarship granted thru the Maternal Child and Health. Through this training I not only

received special pulmonary training's I also learned to work with multi-disciplinary teams to provide my patients with well-rounded care. I have learned that in Primary Care our special needs children see a multitude of specialists and it is our responsibility to help these families by coordinating the care their child receives.

I became a certified asthma educator in 2011 because I feel that anyone working with asthmatics should have a full understanding of the disease process. Since I work in Primary Care I am the medical home for these patients. Being an asthma educator gives myself as well as my families the comfort and reassurance that they are getting the most up to date, evidence based care they need to control their asthma. I have been lucky enough to lecture for the Family and Pediatric Nurse Practitioners at Oregon Health Science University. I have had several asthma workshops (in both English and Spanish) for parents and their families. I have gone into school and worked with kids in 3rd-6th grade with asthma.

I am chair of the National Association Pediatric Nurse Practitioner Asthma Allergy Special Interest Group. I am also currently serving on the NAECB and love working with different disciplines to help prepare the asthma educators with the resources and tools they need to go out and work in their communities.



**Randall Rife, RRT-NPS, AE-C**

I studied to become a Certified Asthma Educator (AE-C) to improve my skills for working with asthma patients. Even as a respiratory therapist, my patients and their family members would ask me questions beyond my scope of care. I considered myself an asthma expert, but I didn't have the skills to talk about systemic medicine, mitigating household triggers, and other factors.

I took an online Asthma Educator prep class, reviewed the material twice and finally sat for the test. It was the hardest test I ever passed. But I passed, and had this great feeling of accomplishment! I started using my AE-C credential with a great deal of pride. But most importantly, I learned what I

needed to answer those hard questions, and I had my AE-C to back me up.

***Want to be featured as our AE-C of the month? Send your photo and response to the question, 'How has AE-C benefited me?' to [info@naecb.org](mailto:info@naecb.org)!***

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## **Asthma Camps**

**Looking for an asthma camp near you?** [The Consortium on Children's Asthma Camps](#) is a great resource to share with parents of a child or teenager with asthma to help find a camp in their community.

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## **Upcoming Events**

### **Nationwide Children's Hospital 9th Annual Pediatric Asthma Conference**

#### **SAVE THE DATE!!!**

May 11, 2018  
Nationwide Hotel and Conference Center  
Columbus, Ohio

The Conference is designed for pediatricians, asthma specialists, family practitioners, nurses, respiratory therapists, social workers, pharmacists and clinical staff from hospital, urgent care and primary care facilities with pediatric asthma patients and school facilities with pediatric asthma student/patients.

Keynote Speaker: Rob Lemanske Jr., MD  
Professor of Pediatrics and Medicine  
Associate Dean for Clinical & Translational Research

Topic: "Causes, Natural History & Possibilities for Prevention of Asthma

#### Featured Topics

- Phenotype Targeted Biologic Therapies
- Delivering Asthma Care Remotely
- Rethinking Our Approach to Nonadherence
- Nuts & Bolts of Medicine

[Online registration available soon. Click here for more info.](#)

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## **The National Asthma Educator Foundation Linda B. Ford, MD Scholarship Application**

Applicants must be eligible to take the exam as per the NAECB guidelines ([www.naecb.org](http://www.naecb.org)). Applicants will be responsible for completing the Self-Assessment Exam (SAE) prior to submitting an application. Preference is given to individuals who will improve the asthma care for individuals with asthma in underserved areas. Preference is also given to individuals that can demonstrate readiness to take the exam (ie: preparation, courses completed).

Individuals who qualify for the scholarship will be evaluated by the committee for eligibility. Four scholarships of \$350 will be granted biannually (April and September of each year). The scholarship must be used within six months of being granted or will be forfeited. Credentials will be verified prior to entering the selection. Completion of the SAE will also be verified prior to any scholarship funds being awarded.

The scholarship may not be used to retroactively cover any examination fees that have already been paid. This scholarship can only be used for payment for a future examination.

If you have previously submitted an application and did not receive an award, it is recommended that you resubmit an application for consideration.

There will be two scholarships offered annually for certificants that wish to recertify by exam. The

scholarship amount is for \$300.

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## **Scholarship Opportunity for Association of Asthma Educators (AAE) members**

The Association of Asthma Educators is pleased to announce a scholarship opportunity to AAE members. A scholarship has been created by the founding members of AAE, in memory of Elliot F. Ellis, MD.

Dr. Ellis was instrumental in supporting the AAE during creation of the organization in 1998. Members of the AAE Board of Directors contributed to the fund with 100% participation.

The scholarship will be made available to AAE members in good standing who are seeking to obtain certification as an asthma educator (AE-C) through the National Asthma Education Certification Board. [Please click here for directions on applying.](#)

AAE members who would like to support this effort can donate in Dr. Ellis' memory via the AAE website.

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## **Job Postings**

Need a position filled? E-mail [info@naecb.org](mailto:info@naecb.org) to feature a Certified Asthma Educator position near you!

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## **Asthma in the News**

### **Three Actions to Fight Flu this Flu Season**

Flu is a serious contagious disease that can lead to hospitalization and even death. You have the

power to protect yourself and your family this season with these three actions to fight flu.

1. **Get a flu vaccine.** Everyone 6 months of age and older should get a [flu vaccine](#) by the end of October, if possible. A yearly flu vaccine is the first and most important step in protecting against the flu.
2. **Take everyday actions to stop the spread of germs.** Try to avoid close contact with sick people, and if you [become sick](#), limit your contact with others. When possible, stay home for at least 24 hours after your fever is gone. Cover your nose and mouth with a tissue when you cough or sneeze, and wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
3. **Take flu antiviral drugs if your doctor prescribes them.** If you get the flu, prescription medicine called antiviral drugs can be used to treat flu illness. Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious [flu complications](#).

[Learn more](#) about how you can fight flu this season.

### **Guiding Principles for Use of Newer Biologics and Bronchial Thermoplasty for Patients with Severe Asthma**

A new paper from the American College of Allergy, Asthma, and Immunology (ACAAI) provides clinicians a user-friendly definition of severe asthma and and guiding principles for newer biologic therapies and bronchial thermoplasty.

### **Free CE: Recommendations on the Use of Seasonal Influenza Vaccines**

Intended for clinicians who treat and manage patients in whom vaccination is recommended against seasonal influenza, this online CE will help practitioners describe available vaccines, provide updated information, and describe contraindications/precautions.

[Click here to access.](#)

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***Please send potential article submissions or upcoming related events via e-mail to [info@naecb.org](mailto:info@naecb.org). The editors reserve the right to decline submissions for any reason.***

**NAECB Newsletter Editors:**

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## Helpful Links

- ➔ [Exam Info And Registration](#)
- ➔ [Review Classes](#)
- ➔ [Candidate Handbook](#)
- ➔ [FAQ's](#)
- ➔ [Code of Conduct](#)

BEGIN YOUR ONLINE  
SEARCH FOR A  
**CERTIFIED**  
ASTHMA EDUCATOR



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***Promoting Excellence in Asthma Education***



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